



FOR IMMEDIATE RELEASE

***Range of Motion Fitness selects
SPINN Personal Health Record System from
White Pine Systems, LLC***

ANN ARBOR, MICH. - (March 21, 2011) – [White Pine Systems, LLC](#), a leading provider of online personal health record (PHR) systems, today announced that Range of Motion Fitness of Detroit, Michigan, has gone live with its personal health records solution called [SPINNphr™](#), the **Secure Personal Information & Notification Network.**

"We are entering an era when patients and their families expect better tools to manage healthcare, lower cost and improve the quality of life," said Nevin Brittain, Sr., President & CEO of Range of Motion. "With SPINNphr, our members can not only keep track of their fitness activities, they can also exchange personal health information directly with many of their doctors and specialists. We believe that White Pine's SPINNphr is the most creative, functional system for personal health records on the market today. Through this alliance, we are confident that we can help our clients focus more efficiently on their rehabilitation and reduce the time and cost while improving the quality of their health and healthcare. We are very excited about our new relationship with [White Pine Systems](#)."

Built on the **Microsoft® HealthVault™** personal health information platform, [SPINNphr](#) is designed to allow doctors, hospitals, fitness clubs and other healthcare providers to offer their own privately branded PHR solution. Through SPINNphr, Range of Motion clients and their families will be able to automatically update a member's personal health record with the latest information so the patient or his/her family does not have to enter everything manually.

"We are excited that Range of Motion selected SPINNphr for their PHR solution," said Doug Dormer, White Pine's president and founder. "Nevin and his team are at the forefront of rehabilitation technology. We are honored to be a part of that team."

[About Range of Motion LLC](#)

Range of Motion is a fitness and wellness company located in Detroit, Michigan at 19050 W. McNichols. Range of Motion's certified staff designs customized exercise and nutrition plans based on their client's health needs or doctor's recommendations. Range of Motion also offers their clients online health tracking and social media tools to give their clients 24/7 access to profession advice, and a method to follow their fitness and nutrition plans at home, work, outdoors or at a gym. The company's mission is: helping you "Perfect Your Health" so you can live your

best and healthiest life. For additional information you can visit www.rangeofmotionwellness.com or contact

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About White Pine Systems, LLC

[White Pine Systems, LLC](#) is a privately held company based in Ann Arbor, Michigan. Its flagship product, *SPINNphr*, the *Secure Personal Information and Notification Network*, is a low cost, fully configurable, private-labeled, interoperable PHR solution that improves communication among patients, healthcare providers and the patient's extended network of official and unofficial care givers. Built to connect with the Microsoft[®] HealthVault[™] personal health information platform, SPINNphr bridges the gap between EMR systems used by providers and emerging PHR platforms to achieve the promise of patient and family-centered chronic disease management. SPINNphr connects family, guardians and healthcare providers through their own secure personal health network to deliver the right information any time, any place.

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